

Oak Lawn

SPARTANS

V O L L E Y B A L L

Dear Volleyball Players and Parents,

My name is Lauren Mueller and I have been a volleyball coach at Oak Lawn Community High School for the last 6 years and this will be my second year as the head coach. My staff and I would like to invite you to a week of hard work and fun. We had over 80 girls and boys last summer at camp and by signing up for the Spartan Volleyball Camp, you are making a commitment to winning, practicing your volleyball skills, and improving your health. By improving as a player, you will be helping the Spartans' Volleyball Program improve as well.

The goal of camp is to focus on improving and practicing your passing, setting, and hitting skills. We will also concentrate on offensive and defensive strategies. These will be taught and applied through drills, partner, and team activities. The Coaches at the Oak Lawn Spartan Volleyball Camp are dedicated to helping you become a better volleyball player — even if you have never played organized volleyball.

The Spartan Girls' camp runs from July 8th – July 12th and is open to any girls entering grades 3 - 12. The cost of camp is \$50 which includes a week worth of hands on instruction and an Oak Lawn Spartan Volleyball T-Shirt.

Who: 3rd – 8th Graders

Who: Incoming Freshman – Varsity

When: 10:00am – 12:00pm

When: 1:30pm – 3:30pm

Where: Spartan Gym

Where: Spartan Gym

Please turn in your forms to the Oak Lawn Athletic Director's Office room 227, or if you have any questions please call Darla Dehaan at (708) 741-5624. I can also be reached by email at: lmuller@olchs.org

Name: _____ **Grade Going into:** _____

Address: _____ **City/Zip Code:** _____

Home Phone #: _____ **Parent Signature:** _____

Birth Date: _____ **School Attending:** _____

Years Playing Volleyball: _____ **What position do you play?** _____

***If you play club volleyball, which club do you play for? _____**