# OLCHS REMOTE LEARNING SCHEDULE STUDENT VERSION

	Schedule A Mon/Wed Periods: 1-6/7 & Zero Hour	Schedule B Tue/Thu Periods: 7/8 - 11	Schedule C Friday Spartan Plus No designated meets			
9:00 am	Students check email and online platforms for info from teachers  Zero Hour	Students check email and online platforms for info from teachers	Students check email and online platforms for info from teachers			
Students sign-in to Skyward for attendance by 10:00 am						
10:00 am	Period 1	Period 7/8, 7/9, 8/9	Spartan Plus:  Students work on assignments throughout the day and contact teachers as needed			
11:00 am	Period 2	Period 10				
12:00 pm	Period 5/6, 5/7, 6/7	Period 11				
By 1:00 pm	Students contact teachers with any questions by 1:00 PM	Students contact teachers with any questions by 1:00 PM				
By 2:00 pm	Students check email and online platforms for updates from teachers					

Monday	Tuesday	Wednesday	Thursday	Friday
March 30 - eInstitute for teachers	March 31 - Remote Learning Tutorial for Students	April 1 - Schedule A	April 2 - Schedule B	April 3 - Schedule C
April 6 -	April 7 - Schedule B	April 8 -	April 9 -	April 10 - No
Schedule A		Schedule A	Schedule B	School
April 13 -	April 14 - Schedule	April 15 -	April 16 -	April 17 -
Schedule A	B	Schedule A	Schedule B	Schedule C

<sup>\*</sup>Note- April 8 - 17 have not officially been determined as remote learning days as of 3/26/20.

# OLCHS REMOTE LEARNING TIPS PARENT VERSION

As classes resume on March 31, it is time to transition students from vacation mode to remote learning mode. Have a discussion with your student regarding the expectations for the upcoming weeks. Emphasize they are required to put in time for school, but let them have input into developing the plan for success. It might take a few days before you and your student fall into this new routine. Work with your teen to guide them to be self-driven and self-learners. There is an opportunity to grow through this experience.

# CREATE ROUTINES FOR YOUR STUDENTS

- Set a time for your student to get up every weekday morning.
- Develop specific times and places in the house devoted to studying. Don't let students stay in their room all day during this time.
- Create dedicated times for meals and leisure activities (family time/game night, going outside, walking the dog, etc.).

### CREATE SPECIFIC SCHEDULES FOR REMOTE LEARNING

- OLCHS is moving to teaching courses in blocks. Review the Remote Learning Schedule with your students and help them understand what they should be doing and when.
- Encourage study breaks. For example, taking 5-minute breaks for every 25 minutes of work time.
- Encourage students to use the calendar app on their phone or iPad to stay organized. Students should create a list of tasks for the day and week and write it down.
- If your student is struggling with organization, reach out to their school counselor or special education case manager for advice and support.

## LIMIT SCREEN TIME WITH NON-EDUCATIONAL DEVICES

- Your student likely does not need their phone if they have their iPad.
- Students should avoid television, loud music, video games, or other distractions while working on school work.
- If your student has a primary preferred screen activity, allow them time to use it after remote learning is completed for the day (not even during break times).