

WORD OF THE WEEK:

RUMINATE

ru·mi·nate (rū'mɪ-nāt')

PART OF SPEECH/DEFINITION:

- VERB:**
1. To turn a matter over and over in the mind.
 2. To reflect on again and again.

SENTENCE: After Spring Break everyone needs a little time to ruminate over their experiences. Maybe even cows need a chance to think over their futures as well.

