

MESSAGE FROM THE ATHLETIC DIRECTOR

Dear Spartan Parent,

Welcome to our Spartan athletic family! We very much look forward to providing your child the skills they will come to value and allow him/her to be a lifelong leader. Skills like self-determination, discipline, sociability, leadership, and effort. This form is another resource created to remind you important information that relates to your child participating in Spartan Athletics. Please visit our athletic page by visiting our main website, www.olchs.org, and clicking on the athletics tab. Contact information as well as several resources are available to you, including schedulestar access which allows you to view all practice and contest information including when, where, and with whom we are competing against.

CONCUSSIONS & P.E.S.: It is important to remember that your child's safety is most important to us. Of all possible injuries athletes can possibly sustain in sports, concussions have taken over the national debate. Oak Lawn contracts its athletic training services to ATI and we have two trainers on staff for all athletic events, Monica Borchers (mbochers@olchs.org) and Victor Balundis (vbalundis@olchs.org). Our trainers are certified in concussion management and are our athlete's primary resource. It is important to understand that our trainers' assessment and diagnoses overrules pediatrician and general practicing doctors. Only a specialist can overrule the diagnosis and release of athletes with concussions. Should your child be diagnosed our trainers will provide you with our Concussion Protocol packet providing all the information you will need to get your child back to health. If at any time your child shows any symptoms of a possible concussion (symptoms identified on the IHSA packet) please immediately have your child see our athletic training office. Also, the IHSA annually randomly selects schools to perform Performance Enhancement Substance Abuse (PES) testing. If OLCHS is selected they will randomly select our athletes and they will be subjected to a urine test. This test is not optional. Should your child be selected they will have to participate. Finally, it is important to share that the IHSA requires that all high school coaches be certified in concussion recognition and rehabilitation and performance enhancement substance abuse prevention. These are only IHSA certifications and not medical licenses or certificates.

FEES: OLCHS has for several years now charged all athletes participating in sports a \$75 participation fee. This fee is separate from any individual athletic program fees for equipment, uniform, apparel, etc. This fee must be paid in full by the end of the season or your child will not be able to participate in a sport the following season. Oak Lawn also charges for some home varsity contests including football, volleyball, and basketball \$4 for adults (\$5 for football) and \$2 for children and non-OLCHS students. Any parent that is a paid Booster Club member (\$15 fee) will enjoy free access to all home games throughout the season. We have Booster Club representatives on hand during many home athletic events and can take your membership. Membership forms can also be viewed on our athletic page by clicking the Booster Club link in the dropdown menu. Finally, please note that any athlete that owes equipment, uniforms, or fundraising money to a previous athletic program will not be able to participate in another program until items are either paid in full or returned to that program.

ELIGIBILITY: The IHSA requires all athletes be passing 5 academic classes at all times. OLCHS runs weekly eligibility reports on Friday afternoons and any student not passing five classes will start a weeklong ineligibility status that Sunday morning through the following Saturday night. It is important to understand that even if your child improves his/her grade and be passing that following week, they will REMAIN ineligible until the following weekly report. Any ineligible athlete or athlete receiving two Ds or worse, will be required to attend study tables on Wednesdays after school from 3:10-4 p.m. Failure to attend these tables will find your child suspended from practice and play by the athletic office. Students who do not pass at least 5 classes in a semester are ineligible for the entire following semester.

CODE OF CONDUCT: Please visit our athletic website for more detailed information pertaining to our code of conduct. Please note this policy allows for athletic office discretion in applying consequences to infractions of this code. Participating in athletics is a privilege, not a right, and as such we hold our athletes to a much higher standard of behavior both at school and in the community. OLCHS also has a social suspension policy that prohibits any student from participating in extra-curricular activities and attending after school events.

CODE OF CONDUCT (Cont): Please review this policy in detail on our website and contact my office with any questions or concerns. Please also understand that our athletic office reserves the right to deviate from the standard consequence steps depending on severity of the offense. Social Suspension can last up to 90 days and will be a 30-day minimum suspension. While under social suspension your child will not be allowed on campus after 3 p.m.

MEETING HIERARCHY: The athletic office is always available to listen to concerns and provide any information you might need. We do want to point out however that all requests to discuss with the Athletic Director your child's playing time in their program will not be honored until that conversation has already been had with the program head coach. Should that conversation have already happened and the matter not be resolved, all meetings involving the athletic director will include the athlete, parent, and head program coach. It is important that all head coaches be given the opportunity to discuss and rationalize to parents how their program is run and the role of your child in their program.

IMPORTANT AD OFFICE FORMS/INFORMATION: All athletes must have active sports physicals on file. All sports physicals are good for up to 12 months. If your child's physical expires in the middle of the season they will be immediately ineligible from the 366th day of their physical. Should your athlete have asthma you will also be required to have your physician sign off on self-administration of medication. This form is available on our website with the sports physical. Again, other important office forms available on our website include:

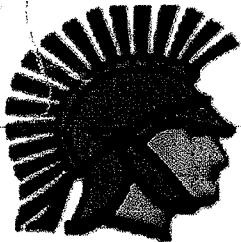
- **Travel Release:** Required to take child home from away contest. Child can only be taken home by parental guardian and only that child. No car pooling will be allowed and child cannot be released to other family members unless explicitly approved by AD office.
- **NCAA:** Division I and Division II, as well as NAIA, require all athletes meet specific academic requirements. Certain classes offered at OLCCHS do not meet that requirement and parents and athletes are encouraged to read our Guide to College Athletics available on our website to ensure you are taking the right classes that will keep you eligible to play at that level after high school.
- **ATHLETE OF THE WEEK & MONTH:** OLCCHS is proud of the accomplishments of its athletes and recognizes them weekly. Please visit our athletic page and see who our recent recipients are. All nominees are provided through their head coach and voted amongst all 20 head program coaches.
- **SBA:** OLCCHS Athletic Department has partnered up with more than twelve local businesses and created the Spartan Business Alliance to increase our department revenue and provide more resources to our programs. We strongly support our business partners and strongly encourage that you support those businesses. Please see SBA posters displayed throughout the building and available on our website. Thank you to all local SBA partners.
- **IHSA & OLCCHS Acknowledgement and Consent Form:** The program head coach will provide your child with this packet and it must be signed by a parent and returned before your child can play in any athletic contest. Any questions regarding this packet please feel free to contact the AD office.

By signing below you acknowledge that you have thoroughly read information above and agree to all terms referenced in both this handout and the IHSA & OLCCHS acknowledgement and consent form.

Parent Name (print): _____

Student Name (print): _____ ID#: _____

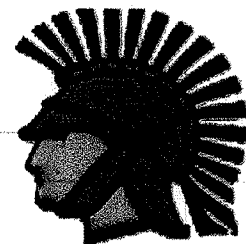
Parent Signature: _____



O.L.C.H.S. SPARTAN ATHLETIC BOOSTER CLUB

9400 Southwest Highway * Oak Lawn, Illinois 60453

Badminton • Baseball • Basketball • Bass Fishing • Bowling • Cheerleading
Cross Country • Dance • Diving • Football • Golf • Soccer
Softball • Swimming • Tennis • Track & Field • Volleyball • Wrestling



BOOSTER CLUB MEETING DATES 2016-2017

August 30, 2016

September 27, 2016

October 18, 2016

November 15, 2016

December 13, 2016

January 19, 2017

February 21, 2017

March 21, 2017

April 25, 2017

May 23, 2017

AWARDS

Fall Awards-Wednesday, October 06, 2016

Winter Awards-Wednesday, March 1, 2017

*Spring Awards-Wednesday, May 10, 2017